

Courtesy of *Real Moms Love To Eat*

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### **NO-BAKE BROWNIES**

- 3 cups raw walnuts
- 16 pitted dates
- 1/2 cup dried fruit (like raisins or cranberries)
- 2/3 cup raw cacao powder (or cocoa powder)
- 1/4 cup raw cacao nibs (or mini carob/choc. chips)

Process walnuts in food processor until ground up, slowly add the pitted dates and process. Next, slowly add in the cacao powder and dried fruit and process. Gently, pulse in, the cacao nibs to keep them partially chunky in the "dough".

Press the mixture into a square, glass baking dish and place in refrigerator for at least 30 minutes to "set".

Serve 2" squares topped with sliced berries or powdered sugar.

Ssshh, don't tell them it's healthy!