



Luminary Circle member (and proud mom!) Sonya Rosenfeld with her sons Casey & Willy at the 2010 Inspiration Awards in Los Angeles.

step up women's network may 2011 step update

May is the month to celebrate motherhood, and let's not forget that Step Up Women's Network began as a way for Founder Kaye Popofsky Kramer to honor her mother Linda back in 1998. In particular, Step Up acknowledges working mothers, who care for us, inspire us, provide for us, and show us that yes, we can have it all. Join us in celebrating mothers by enjoying this May edition of the Step Update, which includes a Q&A with mother-of-three Carley Roney and a gift idea for mom (okay, for you too!) that will go a long way toward advancing women and girls. Still inspired? [Make a donation in Mom's honor](#). Happy Mother's Day!

Step Up connects you to the professional women you need & the underserved teen girls who need you.



"I feel very fortunate I was able to study the arts and then apply it to a successful business."

- Carley Roney
co-founder & editor, The Knot Inc.

Carley predicts how last week's top headline will change her industry - that and more in our monthly Q&A [here](#)

success of the month



Step Up LA alumna Lesley, now a freshman at Alfred

upcoming events



Want to know what's on the horizon for Step Up

thanks for stepping up



Announcing Teen of the Month Zulma Ramos (LA,

University, is thriving on her new campus. She was recently accepted to the university's Women's Leadership Academy, which will provide resources like funding for research, stipends for internships, high-profile mentors, and assistance with graduate school applications. Acceptance into the Academy is competitive, and the program rarely accepts freshmen. Lesley says that the Academy noted her Step Up participation and credited Step Up with helping shape Lesley into an emerging leader and women's advocate.

members? Take a look at select May events, including our May 5 Lunch with Benefits Teleseminar with Jane Wurwand (above, with Step Up LA teen Kalen). [plan your Step Up schedule](#)

above) and Volunteer of the Month Erica Yamamoto (NY). [be inspired](#)

in the news



- [Today's Chicago Woman](#) covered Step Up's Professional Development Panel (above) April 6.
- The [Midtown Raleigh News](#) featured a profile on Step Up supporter Jmeka Cherrell on April 9.

featured event



"We are only born with two fears: the fear of loud noises and of falling. All others are acquired." This wisdom, shared by Julia Goldin at the April 26 Professional Development Panel in New York, was among the most tweeted takeaways of the evening. Nearly 150 members and guests attended the panel, sponsored by Yahoo! and Smart Room by BMC Group. Lesley Jane Seymour, editor-in-chief of *More* moderated the discussion. Julia was joined by fellow panelists Lisa Garcia Quiroz (above right), Lisa Hsia, Regina Meredith-Carpeni (above left), and Mollie Spilman. Thanks to Kristin Maverick for her [blog recap](#). Step Up Chicago enjoyed similar success at its panel [April 6](#), and Los Angeles will hold its event

the luminary circle: you join, we all grow



Meet Luminary Beth Aldrich. A dynamic mom, Beth is a national media personality, running the online magazine *For Her Information* and serving as a healthy lifestyle and green living expert. Her first book, [Real Moms Love to Eat](#), will be released by Penguin in January. Beth has been a supporter of Step Up since our Chicago office opened in 2006 and as a Luminary Circle member, has served as a Professional Development Panel moderator, Power Breakfast host, and as a mentor in our Professional Mentorship Program. Join us in sharing our appreciation for Beth. *Step Up turns 15 in 2013. How will we celebrate? With 1,000 Luminaries + 1,000 teens! Help us reach that milestone by becoming a Luminary Circle member.*

how you can help



Purchase this fabulous necklace! When Step Up supporters purchase this limited edition silver 'Life' charm, part of Katrina Kelly Jewelry's 7 Layers of Love® collection, 100% of proceeds benefit Step Up! The \$200 Step Up 'Life' charm features a decorative raised tree pattern, beaded edging and the Step Up daisy engraved on the back. To purchase, visit [Katrina Kelly Jewelry](#) and enter "StepUpLife" in the product code box.

audio of the month



Miss our March teleseminar featuring former CIA Operative Valerie Plame Wilson (above) on "Planning for the Unexpected"? Listen to the audio from the teleseminar, a benefit of membership in Step Up! [hear from Valerie](#)

getting dressed for every game



Luminary Circle founding member and former chair of the Los Angeles Board of Directors Liz Dennerly Sanders offers Step Up members insight each month into key steps to success. [step up to success](#)